

# CycleOps POWER



## USER GUIDE

PowerTap SLC+

PowerTap SL+

PowerTap Pro+

PowerTap Elite+

PowerTap 2.4+



*PowerTap SLC+ Featured*

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## Modifications

Saris Cycling Group, Inc reserves the right to make improvements and/or updates to the products described herein at any time without notice.

## FCC Statement of Compliance:

Statement of Compliance for FCC and Industry Canada:

"This device complies with Industry Canada and Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation."

The term "IC:" before the radio certification number only signifies that Industry Canada technical specifications were met.

Changes or modifications to this device not expressly approved by the party responsible for compliance with FCC regulations (the manufacturer) could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a normal installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

Saris Cycling Group, Inc.  
Model #: PTHUBTT3  
Contains Transmitter SL24TT3  
IC:6459A-SL24TT3  
FCC ID:T8P-SL24TT3  
Model #: CPU +  
Contains IC: 6459A-SL2P401  
FCC ID:T8P-SL2P401



If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## About This User Guide

Thank you for your purchase of the CycleOps PowerTap, the ultimate performance measurement tool. No other product allows you to apply the basic principles of endurance training. With an accurate measure of intensity, you can precisely balance the stress of training and your body's response.

This User Guide describes the proper use and maintenance of your CycleOps PowerTap. For more information about training and performance please go to [www.cycleops.com](http://www.cycleops.com).

### DEFINITIONS

**Bold** Letters - Bring special attention to important points and that should be read and understood prior to using the PowerTap.

*Italicized* Letters - Indicate reference to another section of the manual where further explanations are found.

This user guide describes the functions of the CycleOps PowerTap and the information provided may not apply to previous PowerTap models. For the most current User Guide available please consult [www.cycleops.com](http://www.cycleops.com).

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## Important Precautions:

- Before beginning any exercise program, consult your physician.
- Keep your eyes on the road. **Do not** become overly engaged with the PowerTap display. We recommend familiarizing yourself with computer functions while stationary.
- The computer, chest strap, and hub are water resistant, **not** water proof. Avoid sustained water contact and do not deliberately place the PowerTap or its components in water or under high-pressure sprays.
- Avoid spraying the unit directly with solvent mixture. Do not use thinner or other solvents to clean parts.
- If you are not familiar with bike maintenance please contact a professional bicycle mechanic before servicing. The power measuring components of the PowerTap are highly complex and should only be serviced by Saris Cycling Group.
- The plastic battery cover on the hub should be removed only when replacing batteries. Repeated disassembly may compromise the effectiveness of the O-ring seals. O-rings should be inspected and replaced if necessary whenever the battery cover is removed. Use a light coating of grease when reinstalling the battery cover on the O-rings.
- During the course of repair **do not** remove the torque tube. There are no serviceable parts inside. Special tools are required for reassembly and calibration. If problems are suspected contact Saris Cycling Group directly at 800-783-7257 (001 608 274 6550).

## Important Precautions, cont.

- The PowerTap wheel does not include a quick release skewer.
- Failure to adhere to these precautions may cause premature failure or incorrect operation of the unit and may void the warranty. **Please register your PowerTap at [www.cycleops.com](http://www.cycleops.com).**

### **IMPORTANT:**

**For your safety, the non-drive side of the PowerTap hub must be built with at least a 2x lacing pattern. Because of the patented PowerTap design, torque is transferred through the hub to the non-drive side. Failure to adhere to this precaution will void the warranty.**

### **MTB DISC ONLY**

#### **Warnings:**

**Rotor may become very hot during use. Avoid contact during and directly after riding.**

**Rotor may contain sharp edges. Avoid contact while the wheel is spinning.**

**Installation should only be completed by a trained technician. Improper installation could cause serious or fatal injuries.**

**This product is designed for cross country use only.**

# System Overview

## THE POWERTAP SYSTEM

The PowerTap system includes a power-measuring hub which measures torque and wheel speed. This information is transmitted to a computer mounted on the handlebar or stem. Heart rate data is transferred via a coded telemetry signal from the chest strap monitor. The data is then integrated to display current, average, and maximum biometric information.

## PREPARING FOR INSTALLATION

The PowerTap hub comes either alone or in a pre-built wheel. If purchased alone, the hub must be built into a complete wheel prior to use. Other items necessary for installation and not provided include a cassette, spoke protector, reflectors, skewer, rim, tire, and tube (clincher rim) or glue and tubular tire (tubular rim). See TABLE 1 to verify package contents.

TABLE 1

<b>Package Contents</b>	
<b>Qty</b>	<b>Item</b>
1	PowerTap hub (or built wheel)
1	PowerTap computer
1	Chest strap (SLC+, SL+, and Pro+ only)
12	Cable ties
1	Training With Power guide
1	USB Download Cradle
1	Handlebar/Stem Computer Shoe
1	Instructional DVD
1	Hub Battery Cover Removal Tool
<b>ADDITIONAL ITEMS FOR MTB DISC ONLY</b>	
1	PowerTap Disc Rotor
8	M5 x 12mm bolts
16	M5 x .2mm shims
1	T25 Torx Wrench

# System Overview cont.

## COMPATABILITY

The PowerTap hub is compatible with Shimano 8, 9, and 10 speed systems or Campagnolo 8, 9, and 10 speed systems. Freehub bodies may be interchanged. Reference *FREEHUB REPLACEMENT* for further instructions.

The PowerTap is available in 130mm (Road) and 135mm (MTB) axle lengths. Only insert the correctly spaced PowerTap hub into your frame. For example, only use a 130mm-spaced hub in a 130mm road frame. Do not force the hub into any frame. Doing so may cause failure of the frame, hub, or both, and will void the warranty. Contact your dealer or Saris Cycling Group to address any special compatibility concerns.

## WHEEL BUILDING

Contact a wheel building professional or dealer for assistance in building the PowerTap wheel if not purchased as a complete wheel. Due to the design of the hub, the load pattern is not the same as a conventional hub. Slotting the hub flanges to accommodate bladed spokes is not recommended and will void the warranty. Complete wheel building hub dimensions are listed in TABLE 2.

### Reference a spoke-length calculator to determine proper spoke length.

TABLE 3 - Road Wheel Building Dimensions

Measurements	Drive	Non-Drive
12 mm Axle	19.9mm	29.9mm
15 mm Axle (SL+)	TBD	TBD
Flange Diameter	74mm	74mm
Spoke Hole Diameter: 2.5		

TABLE 2 - MTB Wheel Building Dimensions

Measurements	Drive	Non-Drive
SL+, SLC+, wheel center to flange	15.9mm	33.9mm
Elite+, Pro+, (or any PowerTap with 12 mm axle) wheel center to flange	17.4mm	32.4mm
Flange Diameter	70mm	70mm
Spoke Hole Diameter: 2.5		

## IMPORTANT:

**For your safety, the non-drive side of the PowerTap hub must be built with at least a 2x lacing pattern. Because of the patented PowerTap design, torque is transferred through the hub to the non-drive side. Failure to adhere to this precaution will void the warranty.**

# System Overview cont.

## SYSTEM INSTALLATION

### 1. Insert Wheel Into Frame

Insert the PowerTap wheel into the frame. Make sure the axle is correctly positioned in the dropouts and secure the wheel in place with a skewer.

### 2. Attach Computer Shoe to Handlebar or Stem

The shoe can be mounted on either the handlebar or stem. Secure the mounting base with cable ties. Slide the computer shoe in the direction of the arrow as depicted in either FIGURE 1A or 1B depending on mounting location.

FIGURE 1A

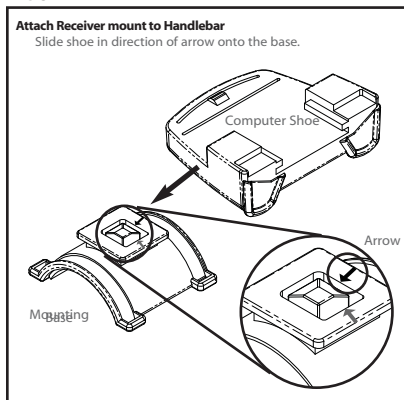
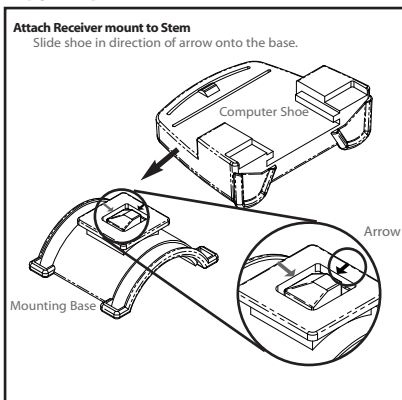


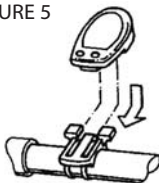
FIGURE 1B



### 3. Place Computer into Shoe

Place the computer into the computer shoe on the handlebar or stem. Line up the slots on the base of the computer with the bracket and slide computer toward the rider (FIGURE 5). NOTE: Ensure the computer is fully inserted onto the receiver shoe to prevent accidental removal.

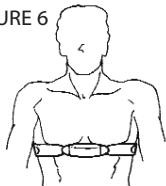
FIGURE 5



### 4 Heart Rate Monitor Strap (SLC+, SL+ and PRO+ only)

Position the heart rate monitor strap on your torso as pictured in FIGURE 6. The strap should rest just beneath the pectoralis muscles of the chest. For best results slightly moisten the electrodes where contact is made with skin. The heart rate strap **must** be worn to enable the heart rate function. NOTE: The chest strap for the PowerTap uses a coded frequency and is not compatible with other manufacturer's chest straps. If heart rate is not displayed, consult finding sensors section.

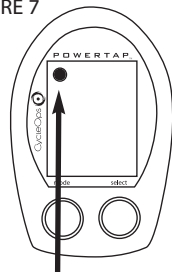
FIGURE 6



### 5. Verify Installation

Check to make sure all components are properly secured. Spin the rear wheel and verify transmission. To turn computer on press either button. The computer system may require 30 seconds to "find" the hub. The illuminated transmission icon in the upper left hand corner of the display indicates the hub is properly transmitting a signal to the computer (Figure 7). If the transmission icon is not illuminated consult *Finding Sensors Section* for further instructions.

FIGURE 7



# General Computer Operation

## DISPLAY LEVELS

The computer has three (3) main display levels:



NOTE: These locations only apply to trip and interval modes and **do not** apply to Cycle Computer or Heart Rate Monitor Function. See *COMPUTER SETUP 4* to customize display options. (SLC+, SL+ and Pro+ only)

## DISPLAY MODES

The computer has two (2) main modes of operation:

- 1) Trip
- 2) Interval

Hold [MODE] to toggle between display modes.

## BUTTONS

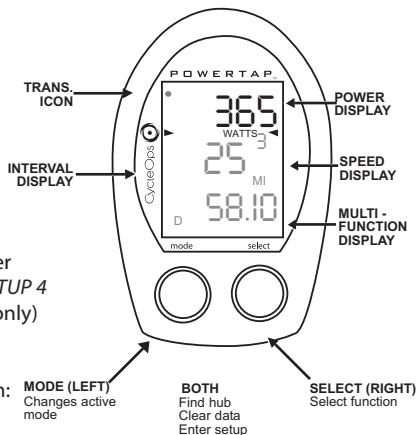
There are two (2) buttons on the computer:

- 1) [Mode]
- 2) [Select]

NOTE: [BRACKETED] words indicate buttons.

There are four (4) types of button presses:

- 1) Press [MODE] or [SELECT] - a single press and release of either [MODE] or [SELECT]. Used for entering different modes and navigating functionality.



2) Hold [MODE] or [SELECT] - a single button press and hold of either [MODE] or [SELECT] for 2 sec. Used for initiating a new mode or function.

3) Press [MODE] and [SELECT] - simultaneously press and release of **both** [MODE] and [SELECT]. Used for initiating a new interval.

4) Hold [MODE] and [SELECT] - simultaneously press and hold **both** [MODE] and [SELECT] for 2 sec. NOTE: If mode and select are released when "clr" is displayed, all data will be erased. Used for initiating scrolling menu.

## SCROLLING MENU:

### SCROLLING MENU:

**Find:** If [MODE] and [SELECT] are released

When "Find" is displayed the computer will find the PowerTap sensors.

**clr:** If [MODE] and [SELECT] are released when

clr is displayed **ALL DATA WILL BE ERASED.**

**SEt:** If [MODE] and [SELECT] are released

When SEt is displayed on the top level of the Screen, a flashing "E", d and t on the middle Level and 12345 on the bottom level.

E= exit, return to ride mode

d= restore default settings

T= test mode

1 2 3 4 5 = setup menus

Note: Only the SLC+, SL+, Pro+ and 2.4+ have setup menus 2, 3, and 4.

## **FINDING SENSORS**

The PowerTap hub, sensors and computer are "paired" or "learned" at the factory so that the system is ready to ride once installed on the bicycle. Learning involves viewing and storing each device ID into the PowerTap computer. Information on learning can be found in computer setup 5 section of this owner's manual.

In addition, there is a feature called "Find" that allows the user to search for stored devices in the event a sensor has lost contact with the PowerTap computer for any reason. To initiate the Find, hold [Mode] and [Select]. Release when "Find" appears on the bottom of the PowerTap screen after about 2 seconds. The current watts display will switch to a spinning dial, indicating the search is in process. When the search is successful, the transmission icon appears in the upper left corner. If device ID's are stored for heart rate and cadence there will be spinning dials for these metrics as well.

## **POWER CONSERVATION**

The computer and hub have power saving features to prolong battery life. The computer powers down the display after four (4) minutes of inactivity. Press either [MODE] or [SELECT] to activate the display. Similarly, the hub powers down after five (5) minutes of inactivity. The transmission icon will not be visible when the hub is asleep. To wake the hub spin the wheel and verify the transmission icon is illuminated.

# Computer Navigation

Press [MODE] to scroll through the various functions of the display. Press [SELECT] to toggle through the various options within that function. Note: Peak power and Time in Zones information is only available on the SLC+, SL+, Pro+ and 2.4+ models.

## POWER FUNCTION

The top level of the main display shows current, max, and average power readings.

- 1) Press [MODE] to scroll the cursor to the top line of the main display
- 2) Press [SELECT] to toggle through the power function options.

For accurate power readings it is important to **frequently** zero the torque, see *ZERO TORQUE*.

## Current Power

Power is displayed in watts from 0-1999 in 1 watt increments. Current power readings are displayed only when the word "WATTS" appears below the top line (FIGURE 9). NOTE: If "WATTS" **does not** appear under the top line the computer is in the Cycle Computer Function. To return to power readings see *CYCLE COMPUTER MODE*.

## Maximum Power

Both "WATTS" and "MX" displayed simultaneously indicate the highest recorded power output since the last time the data was cleared in trip mode or the selected interval in interval mode. (FIGURE 10)

## Average Power

Both "WATTS" and "AVG" displayed simultaneously indicate the average power output since the last time the data was cleared in trip mode or the selected interval in interval mode. (FIGURE 11)

MODE button	SELECT button
Power	MX, AV, WATTS
Speed	MX, AV
Multi Function	D, T, C, E, O, HR
Peak Power	:30, 1:00, 5:00,
Time in Zones	20:00 1,2,3

FIGURE 9

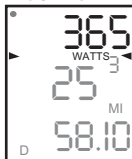


FIGURE 10

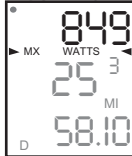


FIGURE 11

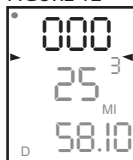


## TORQUE FUNCTION

Shows the torque placed on the hub in inch-pounds. To display torque while in trip mode:

- 1) Press [MODE] to scroll the cursor to the top line of the main display.
- 2) Press [SELECT] until the current power function is displayed.
- 3) Hold [SELECT] until the word “WATTS” begins to flash. A blinking “WATTS” display indicates the torque function is currently displayed.
- 4) Press [SELECT] to return to the current power function. (FIGURE 12).

FIGURE 12



### IMPORTANT: ZERO TORQUE

**Frequently** the torque must be zeroed to ensure the most accurate power information is displayed. If the current power display is positive or negative while coasting the the torque **must** be zeroed. This operation **must** be done while **stopped** with **no** tension on the chain, **no** tension placed on the pedals, and the transmission icon must be illuminated. To zero torque:

- 1) Press [MODE] to scroll the cursor to the top line of the main display.
- 2) Press [SELECT] until current power function is displayed.
- 3) Hold [SELECT] until the word “WATTS” begins to flash to enter the torque function.
- 4) Hold [SELECT] again until “0” is shown.
- 5) Press [SELECT] to return to current power. The current power function will now read zero while coasting.

## SPEED FUNCTION

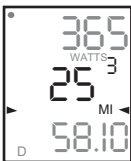
The middle level of the main display shows current, max, and average speed readings.

- 1) Press [MODE] to scroll the cursor to the middle line of the main display.
- 2) Press [SELECT] to toggle through the speed function options.

### Current Speed

Speed is displayed in either miles per hour (MI) or kilometers per hour (KM) up to 59 mi/hr or 95 km/hr in 0.1 mi/hr or km/hr increments. Current speed readings are displayed when only "MI" or "KM" appears below the middle line. (FIGURE 13)

FIGURE 13



### Maximum Speed

Either "MI" or "KM" and "MX" displayed simultaneously indicate the highest recorded speed since the last time data was cleared in trip mode or the selected interval in interval mode. (FIGURE 14)

FIGURE 14



### Average Speed

Either "MI" or "KM" and "AVG" displayed simultaneously indicate the average recorded speed since the last time data was cleared in trip mode or the selected interval in interval mode. (FIGURE 15)

FIGURE 15



## MULTI-FUNCTION DISPLAY

### Distance (D)

Total trip or the selected interval distance in interval mode is displayed in miles or kilometers from 0.00 to 999.99 (FIGURE 16).

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the “D” icon is displayed.

NOTE: Distance is displayed in the same units (miles vs kilometers) as speed.

### Trip Time and Time of Day (T)

Total trip time, interval time, and time of day is displayed as H.MM.SS for trip time and HH:MM for real time (FIGURE 17).

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the “T” icon is displayed.
- 3) While in trip time hold [SELECT] to access the real time clock.
- 4) Hold [SELECT] to return to trip or interval time.

NOTE: Auto start and stop with rotation of the wheel is the default setting. To customize auto start and stop see *COMPUTER STETUP 4*.

FIGURE 16



FIGURE 17



### Cadence (C)

Cadence is measured at the hub by analyzing the way a rider applies torque through the pedal stroke since there are natural power differences in the pedal stroke. The rate of pedaling is shown from 40 to 240 RPM.

NOTE: An optional wireless cadence sensor is available to measure cadence at the crank.

FIGURE 18



- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the "C" icon is displayed. (FIGURE 18)

### Average Cadence (C & AVG)

The average cadence displays data since the last time data was cleared in trip mode or the selected interval in interval mode. Average cadence is displayed in RPM.

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the "C" and "AVG" are displayed. (FIGURE 19)

FIGURE 19



### Energy Expenditure (E)

The total work done over the course of the trip or interval is shown in kilojoules. This value is a measure of the total energy expended over the course of your ride. This is roughly equivalent to dietary calories expended.

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the "E" is displayed. (FIGURE 20)

FIGURE 20



### Odometer (O)

Total accumulated distance traveled since the last system reset is displayed in miles or kilometers. To manually input your odometer reading see *COMPUTER SETUP 1*.

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the "O" is displayed. (FIGURE 21)

FIGURE 21



## Heart Rate (♥)

Current heart rate is shown up to 255 beats per minute (BMP). You must wear the heart rate chest strap to enable the heart rate measurement function.

NOTE: The PowerTap uses a coded chest strap. Elite + users must purchase an ANT+ compatible chest strap for this function to operate.

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the “♥” is displayed. (FIGURE 22)

FIGURE 22



## Average Heart Rate (♥ AV)

This value is a running average of the heart rate in BPM. If there is no heart rate information this will display as 0.

- 1) Press [MODE] to scroll the cursor to the bottom line of the main display.
- 2) Press [SELECT] to toggle through the multi-function displays until the “♥AV” is displayed. (FIGURE 25)

FIGURE 23



## TIME IN ZONES (SLC+, SL+, PRO+ AND 2.4+ ONLY)

Time in Zones displays the amount of time spent above, below or at your lactic threshold. The default lactic threshold is 250 watts, but can be modified through Setup 1. +/-10% from the value is considered at the threshold.

- 1) Press [MODE] to scroll the cursor until the top line shows 20n.
- 2) Press [SELECT] to toggle through the 3 zones.

- Zone 1 - Below Threshold
- Zone 2 - At Threshold
- Zone 3 - Above Threshold

FIGURE 24



## PEAK POWER (SLC+, SL+, PRO+ AND 2.4+ ONLY)

Peak power displays your maximum average power for various time intervals.

- 1) Press [MODE] to scroll the cursor until the middle line shows PP.
- 2) Press [SELECT] to toggle through the different time intervals 0:30, 1:00, 5:00 and 20:00.

FIGURE 25



## INTERVAL MODE

The computer has two display modes. The trip mode shows total trip metrics, and the interval mode displays interval specific information. The interval mode functions as a lap marker and is essentially always on.

To begin the first interval, or advance to the next interval:

Press and release [MODE] and [SELECT] simultaneously.

**NOTE: Do not hold both buttons down as you may clear all data from the computer.**

FIGURE 26



In trip mode "INT" and the new interval number will appear and disappear (FIGURE 26). The computer can mark an unlimited number of intervals although after nine (9) the marker will begin to count back at one (1). For example, interval ten (10) is displayed following interval (9) as one (1).

To view interval specific data (power, speed, and multi-function display) from any location on the display:

- 1) Hold [MODE] until "INT" appears on the left hand side of the display. The "INT" and interval number will remain illuminated as a forth line in the main display (FIGURE 24). The data displayed is that of the current interval number shown.
- 2) To exit back out of interval mode hold [MODE] until "INT" disappears.

## INTERVAL MEMORY MODE

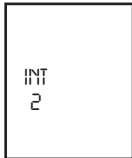
To access stored interval data for the **previous 9 intervals only**:

- 1) Enter the interval mode hold [MODE] until "INT" appears on the left hand side of the display.
- 2) Press [MODE] to scroll until the "INT" flashes. NOTE: INT now constitutes a fourth level of display.
- 3) Hold [SELECT] and the memory icon ("M") appears next to the interval number (FIGURE 27).
- 4) With "INT" flashing, press [SELECT] to advance to the interval you wish to view.
- 5) Press [MODE] scroll the cursor to the line of information you wish to view. NOTE: Recovery periods as well as work periods are displayed in memory mode.

To exit back out of the interval memory mode hold [SELECT] until the memory icon disappears. The computer is now displayed in the interval mode. To exit from the interval mode from any location on the display hold [MODE] until "INT" disappears.

Note: Time in Zone information is not available in Interval Memory Mode.  
Download the data into PowerAgent for a detailed analysis.

FIGURE 27



# Computer Setup

The setup feature has five(5) main modes. You **do not** have to complete all five to change settings. Please reference each mode to determine the correct location to begin. **NOTE: The computer illustrations for each mode displays the factory default settings.**

## COMPUTER SETUP MAIN MENU

1) Press either [MODE] or [SELECT] to activate the computer. NOTE: The version of firmware is displayed upon startup. The most updated firmware version is available at [www.cycleops.com](http://www.cycleops.com). (FIGURE 28)

2) Extended hold of [MODE] and [SELECT] simultaneously enters computer setup function. NOTE: Continue to hold **through** “clr” screen. Releasing hold early will clear all current data.

3) The setup mode displays three (3) letters and numbers 1-5. Each letter represents a setup menu. A flashing alphanumeric character indicates current selection. (FIGURE 29)

E = exit, return to ride mode

d = restore default settings

T = test mode

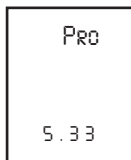
1 2 3 4 5= setup menus

Note: Only the SLC+, SL+, Pro+ and 2.4+ have setup menus 2, 3 and 4.

4) Press [SELECT] to scroll to the desired setup mode.

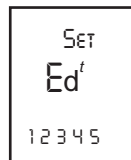
5) Press [MODE] to begin setup.

FIGURE 28



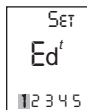
Note: The new production version will mark 6.0 version of firmware.

FIGURE 29

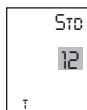


## COMPUTER SETUP 1

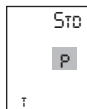
This setup menu includes: time of day, date, storage rate, wheel circumference, units of measure, odometer and lactic threshold. NOTE: You are unable to move back to previously viewed settings. You must restart setup 1 to make corrections. You may hold [MODE] and [SELECT] to save and exit setup.



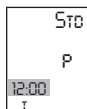
1) From the computer setup main menu press [SELECT] and scroll until the number one (1) is flashing. Press [MODE] to enter setup mode.



2) Press [SELECT] to toggle between a 12 or 24 hour clock. Press [MODE] to save.

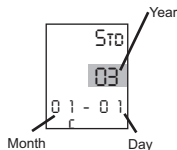


3) Press [SELECT] to toggle between AM (A) or PM (P). Press [MODE] to save.

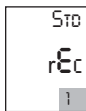


4) Press [SELECT] to toggle through digit values to set hours in time of day. Press [MODE] to save.

5) Press [SELECT] to toggle through digit values to set minutes in time of day. Press [MODE] to save.



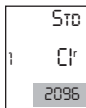
6) Press [SELECT] to toggle through digit values to set year, month, and date. Press [MODE] to save.



7) Press [SELECT] to toggle through storage rate values (1, 2 seconds). Press [MODE] to save. NOTE: Different storage rates yield different amounts of total storage time. Changes to the storage rate **do not** effect display information. Refer to TABLE 3 for appropriate storage rate.

TABLE 3 - PowerTap Storage Rate

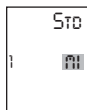
Recording Rate (sec)	SLC+, SL+, Pro+ and 2.4+ (hrs)	Elite + (hrs)
1 sec.	12	6
2 sec.	24	12



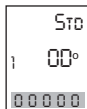
8) Press [SELECT] to toggle through digit values to set the wheel circumference. Press [MODE] to save. Refer to TABLE 4 for common tire information. NOTE: For the most accurate reading perform a roll out measurement (mm) of the rear wheel.

TABLE 4 - Common Wheel Circumferences

Tire Size	Circ. (mm)	Tire Size	Circ (mm)
24 x 1	1753	27 x 1 1/4	2152
26 x 1	1913	700C Tubular	2094
26 x 1.25	1953	700 x 20C	2084
26 x 1.5	1986	700 x 23C	2096
26 x 2.0	2055	700 x 25C	2108
26 x 2.125	2070	700 x 28C	2116
27 x 1	2125	700 x 32C	2136
27 x 1 1/8	2139	700 x 38C	2170



9) Press [SELECT] to toggle between English or Metric units. Press [MODE] to save.



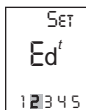
10) Press [SELECT] to set starting odometer reading. Press [MODE] to save. NOTE: Odometer settings are saved during battery changes.

## COMPUTER SETUP 2 (SLC+, SL+, Pro+ and 2.4+ only)

This setup menu includes: rate of display for watts, speed, and cadence. NOTE: You are unable to move back to previously viewed settings. You must restart setup 2 to make corrections.

NOTE: These settings **do not** effect the data stored for download.

This function can be used to allow better pacing during time trial efforts. A greater rate of display allows for a slower update of the display.



1) From the computer setup main menu press [SELECT] and scroll until the number two (2) is flashing and press [MODE] to enter setup mode.



2) Press [SELECT] to toggle through (1, 2, 3, 5 10, 30) rate of display values in seconds for watts. Press [MODE] to save.



3) Press [SELECT] to toggle between (1, 2, 3, 5 10, 30) rate of display values in seconds for speed. Press [MODE] to save.

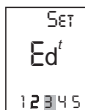


4) Press [SELECT] to toggle between (1, 2, 3, 5 10, 30) rate of display values in seconds for cadence. Press [MODE] to save.

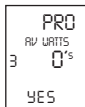
6) Press [SELECT] then [MODE] to reset default settings. Press [MODE] to save changes.

### COMPUTER SETUP 3

This setup menu includes: zero readings for power, speed, and cadence. NOTE: You are unable to move back to a previously viewed setting. You must restart setup 3 to make corrections. NOTE: These settings are useful for determining your average power reading when pedaling only and **do not** effect the data that is stored for download.



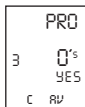
1) From the computer setup main menu press [SELECT] and scroll until the number three (3) is flashing and press [MODE] to enter setup mode.



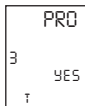
2) Press [SELECT] to toggle between yes and no for zeros included in average of watts. Press [MODE] to save.



3) Press [SELECT] to toggle between yes and no for zeros included in average of speed. Press [MODE] to save.



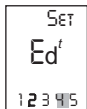
4) Press [SELECT] to toggle between yes and no for zeros included in average of cadence. Press [MODE] to save.



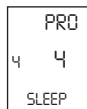
5) Press [SELECT] to toggle between yes and no for auto-zero function. **Normally** leave at yes. NOTE: Auto-zero 'NO' is used for track bike use where large negative torque may be present. Hub modification to fixed gear is necessary.

## COMPUTER SETUP 4

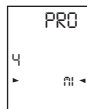
This setup menu includes: sleep time, locations of display, cadence source, cycle computer mode, heart rate monitor, and auto start/stop. From this menu you are unable to move back to previously viewed settings. You must restart setup 4 to make corrections.



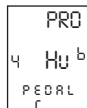
1) From the computer setup main menu press [SELECT] and scroll until the number four (4) is flashing and press [MODE] to enter setup mode.



2) Press [SELECT] to set how many minutes the computer will stay "awake" after not receiving a valid speed or heart rate signal. Press [MODE] to save. NOTE: The shorter the sleep time the longer the battery life.



3) Press [SELECT] to determine what is displayed in the middle line. (mi = speed, c = cadence, ♥ = heart rate). Press [MODE] to save. The selected metric will flash during the ride. NOTE: If heart rate or cadence is selected speed is not displayed. This is useful for intervals when power, heart rate and cadence are most important.



4) Press [SELECT] to determine cadence information source.  
Default = pedal then hub  
Pedal = crank only  
Hub = hub only

NOTE: An optional cadence sensor is available (sold separately). Press [MODE] to save.



5) The PowerTap can be used as a cycle computer or heart rate monitor. Press [SELECT] to toggle through mode options.

watts, mi, and ♥) = power meter mode  
mi, and ♥) = cycle computer mode  
♥) = heart rate monitor mode

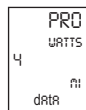
Press [MODE] to save.

### CYCLE COMPUTER MODE

This function allows the PowerTap computer to function as a cycle computer in the absence of the PowerTap hub. In Cycle Computer Mode heart rate is displayed in the top line of the main display and power data is no longer displayed. Speed, distance, odometer and time are displayed normally.  
(Speed sensor sold separately)

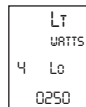
### HEART RATE MONITOR MODE

This function allows the PowerTap computer to function as a heart rate monitor in the absence of the PowerTap hub. In Heart Rate Monitor Mode heart rate is displayed on the top line of the main display and power data is no longer displayed.

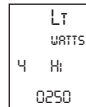


6) Press [SELECT] to toggle through auto start options.  
mi, and data = allows trip time to count when wheel speed is registering.  
Trip time stops 3 sec. after if speed is not registered.

(♥), and data = allows trip time to count as long as a heart rate signal is registered. This function is useful in the transition from cycling to running and vice versa.



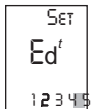
7) Press [SELECT] to start setting the lower lactic threshold. Press [SELECT] to toggle through the digit values to set the lower lactic threshold. Press [MODE] to advance to the next digit. After the last digit is set, press [MODE] to save.



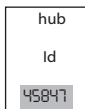
8) Press [SELECT] to start setting the upper lactic threshold. Press [SELECT] to toggle through the digit values to set the upper lactic threshold. Press [MODE] to advance to the next digit. After the last digit is set, press [MODE] to save.

## COMPUTER SETUP 5

This setup allows the CPU to learn a new device or sensor such as the hub, heart rate strap and optional cadence sensor. NOTE: This process only needs to be used if a new sensor or hub is being used in conjunction with your CPU or vice versa. There are 2 Learn sequences, 1 and 2. Learn 1 is used when you have switched sensors or the CPU and there are no other like bikes with PowerTap within a 30' radius. Learn 2 is used if there are other devices in the area but requires you to remove and reinsert the battery for that device before activating the Learn 2 sequence.

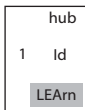


1) From the computer setup main menu press [SELECT] and scroll until the number five (5) is flashing and press [MODE] to enter setup mode.



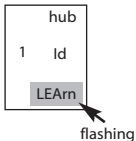
2) Press [SELECT] to toggle through the digit values to set the Hub ID. Press [MODE] to advance to the next digit. After the last digit is set, press [MODE] to save.

Note: Use either Learn 1 or Learn 2 to set the hub ID when the numerical value is not known. (Most cases) Make sure the hub is awake by spinning the wheel or axel.



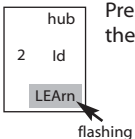
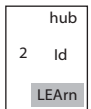
3) Initiate Learn 1 by holding [SELECT] until "Learn" begins to flash. Learn 1 will search for any active hub so be sure there are no other native hubs in the area. When the search is complete press [MODE] to advance to Learn 2.

Note: If Learn 1 was successful, learn 2 is not necessary.



4) Initiate Learn 2 by first removing the batteries from the hub for 5 seconds and replacing them. Then hold [Select] until "Learn" begins to flash. When the CPU has learned the hub I.D. it will display the I.D.

Press [Mode] to save and proceed to the next device I.D. If it did not learn the device it will take you back to the most recent Hub I.D.



SPd

5) Follow the above steps for any additional sensors you may be using, such as the heart rate strap, speed and cadence sensors. The sensor name is shown on the top line of the display.

Cd

SPd = speed sensor  
Cd = cadence sensor  
HS = heart rate sensor

HS

Press [SELECT] to toggle through the digit values to get the I.D. Press [MODE] to advance to the next digit. When the last digit is set, press [MODE] to save and advance to the learn functions for that sensor. Press [SELECT] to initiate the learn functions as needed.

Note: Changing the batteries in the speed sensor, cadence sensor or heart rate sensor creates a new ID for that device. If other computers are paired using the old ID, they will need to re-learn the sensor.

## ANT+Sport

The PowerTap + Series uses ANT+Sport wireless technology that allows you to use the PowerTap with other ANT+Sport Power devices. The Garmin Edge 705 is one such device.

In order to pair your PowerTap + Series hub with a Garmin Edge 705, follow these instructions or contact Garmin.

1. Check that your Garmin has the latest firmware version at [www.Garmin.com](http://www.Garmin.com)
2. Update your bike profile by pressing Menu > Settings > Profile & Zones > Bike Profile > Check the "Power Box"
3. To pair the PowerTap to the Garmin, press Menu > Settings > ANT+Sport > Accessories > Select "Yes" for Power Meter Present? Spin the wheel to ensure the hub is transmitting.
4. Select "Restart Scan" which will take you back to the ANT+Sport screen under Accessories where a "Power Meter Detected" message will be displayed when the Garmin detects the PowerTap.

# Maintenance & Specifications

The following information will help you keep your PowerTap running properly. If you are not familiar with hub maintenance please consult a professional bicycle mechanic before servicing.

**During the course of any repair do not remove the torque tube. There are no user serviceable parts inside. Special tools are required for reassembly and calibration. If problems are suspected contact Saris Cycling Group.**

## BEARINGS

The power measuring components inside the PowerTap are highly complex and should only be serviced by Saris Cycling Group. The bearings are sealed and do not require replacement. Field replacement can cause permanent damage to the power measuring electronics and result in compromised sealing and performance. If bearing problems are suspected please contact Saris Cycling Group at 1-800-783-7257 for a return authorization. The PowerTap uses a modern 4 bearing design and does not require any tensioning adjustment.

Ceramic Bearings are used in the SLC+ model. These are a hybrid construction of higher quality steel inner and outer race, ceramic balls and a plastic cage. The ceramic balls are lighter,

Model	Hub Bearings	Freehub Type	Freehub Bearings
Elite+ and Pro+ or any PowerTap with 12mm Axle	2 x 6901 RS	Both	2 x 6901 RS
SL+ and SLC+	6802RS, 6902RS	Shimano	2 x 6902 RS
SL+ and SLC+	6802RS, 6902RS	Campagnolo	2 x 6802 RS

harder and smoother than traditional bearings. In addition a special low friction seal is used.

## FREEHUB

The grease in the freehub pawls should be replaced if it becomes contaminated with water. Replace the seal at the same time, contact Saris Cycling Group for replacement parts. Saris Cycling Group recommends the following types of grease to ensure proper functioning:  
-Kluber Isoflex NB52 o

- Dupont Krytox GPL226
- Phil Wood Waterproof Grease
- Buzzy's Slick Honey Grease
- Mobilgrease 28

Warning: Failure to use the proper grease on the freehub pawls could result in engagement problems.

### **FREEHUB REPLACEMENT - ELITE+, PRO+ OR ANY POWERTAP WITH A 12MM AXLE**

- See Figure 28 for illustrations
- Use 5mm hex wrench and 17mm bike wrench and remove both end nuts from the axle.
- Remove the axle
- Remove the freehub and spacers.
- Remove all old grease from the freehub ratchet ring.
- Install spacers per the illustration.
- Install axle.
- Apply 2 grams of high quality freehub grease to the ratchet ring.
- Grease the V seal and place it on the freehub and install onto shaft.
- Replace end nuts. Torque end nuts to 12 lbs-ft.

### **FREEHUB REPLACEMENT - SL+ AND SLC+**

- Remove the freehub with a sharp tug. An internal O-ring is used to maintain friction with the axle.
- Remove all old grease from the freehub ratchet ring.
- Make sure the black steel spacer remains on the axle.
- Clean the end cap and lightly grease the seal contact area.
- Apply 2 grams of approved grease.
- Grease the V seal and place it on the freehub. Note the open “cup” of the seal faces out.
- Install the new freehub over the shaft and re-use the end cap.
- The end cap will snap into the correct position. No tensioning adjustment is required.
- Shimano and Capagnolo freehubs can be interchanged with no changes to spacers or other components.

## COMPUTER BATTERIES

The PowerTap SL2.4 has batteries in the hub and computer. Computer batteries typically need to be changed every 400 hours of use. The computer will also say "low bat" when the computer battery needs to be changed. This message is displayed after a "clr" is performed. To replace computer battery (Type CR2032), remove the computer from the mount. Remove the battery cover on the back of the computer (use a cone wrench to remove the battery cover), exchange the battery, and replace the cover as shown below (FIGURE 29).

FIGURE 29



## TECHNICAL SPECIFICATIONS

Accuracy	+/-1.5%
Signal Transmission	2.4 Ghz
Interval Data Storage	Unlimited
Interval Display	9 Intervals (internal recording)
Operational Temperature	0 to 40 degrees c or 32 to 104 f
Battery Life (Hub)	300 hours approx.
Battery Life (CPU)	400 hours approx.
Battery Type (Hub)	Type 357/303 or EPX 76 (2 ea) - (IEC-SR44)
Battery Type (CPU)	CR2032

## RANGE OF MEASUREMENT

Power	0-1999 Watts
Torque	0-1999 inch-lbs.
Speed	2-59 mph (3-95 KPH)
Distance	0.00 to 9999.99 (Miles)
Trip Time	0.00.00-999.99 Minutes
Cadence	40-240 RPM
Total energy	0-99999 Kilojoules
Odometer	0-99999 Miles or Kilometers
Heart Rate	0-255 BPM (Beats per Minute)

## **DATA TRANSMISSION**

The hub transmits data on both the Saris network and the Ant Sport network simultaneously.

Data transmitted on the Saris network:

- Applied Power + torque
- Speed (Angular Velocity)
- Distance (Wheel Rotations)
- Cadence
- Hub Battery Condition

Data transmitted on the Ant Sport network:

Power Only Message

- Power
- Cadence

Torque at Wheel Message

- Torque
- Speed
- Distance

## **HUB BATTERIES**

Normal battery life in the hub is 400 hours of actual ride time. Use #357/303 or EPX76 Silver Oxide (IEC-SR44) type batteries and always replace batteries in pairs. Alkaline type batteries give shorter life and poorer performance. NOTE: After replacing batteries in the hub you need to Learn the device codes. See *computer setup 5*.

## **BATTERY REPLACEMENT**

- Unscrew the plastic battery cover. Use the included cap tool. There are O-ring seals that can cause the cover to resist the start of motion. The threading is normal right hand.
- Remove the battery pack. A small screw driver can be used back and forth between the two ends to start to lift it out.
- Pop the battery out by bending the plastic retaining tab back and pushing the battery up from the bottom.
- Check that the electrical connector tab from the inside of the hub is perpendicular to the bottom of the battery pocket. If the tab gets bent, gently press it back to perpendicular with a blunt tool.

- Slide the battery pack back into position along the center core. As the pack is engaged a small increase of resistance to installation should be felt as the electrical connections are made.
- Thread the cap all the way back on.
- Replacement O-rings and battery packs are available from Saris Cycling Group.

## **TEST MODE**

- 1) From the computer setup main menu press [SELECT] and scroll until the letter “t” is flashing. Press [MODE] to enter test mode setup.
- 2) Press [MODE] to scroll through the different test modes as shown by the number. NOTE: Press and hold [MODE] and [SELECT] simultaneously returns to standard operation.

### **0 - Model and version.**

Displays the computer model on the middle line and firmware version number on the bottom line.

### **1 - LCD Test**

Displays all the LCD segments. Press [SELECT] to return to the normal screen.

### **2 - Heart Rate Signal Test**

NOTE: The heart rate signal is illuminated.

The middle line display flashes “88” with each heart rate blip received.

### **3- Torque Information**

NOTE: The T icon is displayed.

This displays information about the internal workings of the torque readings. The bottom display is the offset torque value directly sent by the hub torque with no correction applied. The hub sends a value of approximately 512 as the zero point. The middle line display is the correction offset value currently stored in the computer. This is the value that is changed when you do a manual zeroing of the torque. The top display is the corrected actual torque (the bottom value minus the middle value).

#### **4 - Standard Test File**

This mode writes a small test file to the memory. Press [SELECT] and the bottom line says "run" and then "yes" when the file is written. This file can then be downloaded.

#### **5 - Communication Loop Back Test**

When looking at the front side of the computer, use a coin or paper clip to short out the two pins on the left side. Press [SELECT]. The bottom line will say "run" and then "yes" if it passes the test correctly. If the pins are not shorted together or there was a problem, the display will say "no". This test can be repeated by pressing [SELECT].

#### **6 - Fast Memory Test**

This tests the memory in the computer. Press [SELECT] and "run" is displayed on the bottom line. When the test is completed and it passes, it says "yes". If the test should fail, the bottom line will say "no".

# Troubleshooting

## **No display on computer screen**

- Computer is asleep – Press [MODE] or [SELECT] on the computer to wake up the computer.
- Batteries need replacement - replace the computer batteries as shown in the maintenance section of the User Manual.
- Computer is too cold- operating temp. is 32 to 110 degrees Fahrenheit

## **Computer display is on, but there is no transmission icon**

- Hub is asleep - spin the wheel to wake up the hub.
- Computer has not “found” the hub. Press and hold [MODE] and [SELECT] until “Find” appears on the display. Make sure hub is awake by rotating wheel once.
- Batteries need replacement - replace the hub batteries as shown in the maintenance section of the User Manual.
- Does the word “watts” appear under the top line? If no than you have entered cycle computer mode. See *cycle computer mode* for further instructions.
- Interference with other devices - make sure you are not setting up the PowerTap inside a building with a lot of electrical noise, neon signs, or near power lines. Bring the PowerTap outside or away from the electrical disturbance to see if signal returns. Also make sure you don't have any other devices on your bike such as lights, magnets or cycle computer sensors.
- PowerTap computer's batteries are low, replace batteries as shown in the maintenance section of the User Manual. We recommend using a Cone Wrench to remove the battery cap, not a coin.

## **Displayed data blinks or does not function**

- Batteries need replacement - replace the computer batteries as shown in the maintenance section of the User Manual.
- Interference with other devices - make sure you are not setting up the PowerTap inside a building with a lot of electrical noise, neon signs, or near power lines. Bring the PowerTap outside or away from the electrical disturbance to see if signal returns. Also make sure you don't have any other devices on your bike such as lights, magnets or cycle computer sensors.

### **Power seems incorrect**

·Torque value is not zeroed. To manually zero torque, go to current watts and hold down the [SELECT] button until watts disappears. Torque is now being displayed. To zero torque hold down the [SELECT] button until the value reads zero. To exit torque mode press [SELECT] once.

If re-zeroing the torque does not recalibrate the unit, call Saris Cycling Group customer service at 1-800-783-7257.

### **Speed seems incorrect**

·Wheel size incorrect -refer to setup 1 and enter the correct size in setup mode.

### **Transmission icon flashes rapidly**

·Hub batteries need replacement - replace the hub batteries as shown in the maintenance section of the User Manual.

## Warranty

CycleOps PowerTap is warranted to the original retail purchaser to be free from defects in materials and workmanship. Warranty coverage is valid to the original purchaser only and proof of purchase will be required.

Electronics - 1 year

This warranty does not cover:

1. Normal wear and tear.
2. Any damage, failure or loss caused by accident, misuse, neglect, abuse, improper assembly, improper maintenance, or failure to follow instructions or warnings in Owner's Manual.
3. Use of products in a manner or environment for which they were not designed.

## Limitations

The foregoing warranties are in lieu of and exclude all other warranties not expressly set forth herein, whether expressed or implied by operation of law or otherwise, including, but not limited to, warranties of merchantability or fitness for a particular purpose. Saris Cycling Group shall in no event be liable for incidental or consequential losses, damages or expenses in connection with its exercise products. Saris Cycling Group's liability hereunder is expressly limited to the replacement of goods not complying with this warranty or, at Saris Cycling Group election, to the repayment of an amount of the purchase price of the exercise product in question. Some states do not permit the exclusion or limitation of implied warranties or incidental or consequential damages, so the preceding limitations and exclusions may not apply to you.

## Procedures

Warranty service will be performed by Saris Cycling Group or an authorized Saris Cycling Group Dealer. The original purchaser must provide proof of purchase. Service calls and/or transportation to and from the Authorized Saris Cycling Group Dealer are the responsibility of the purchaser.

1. Saris Cycling Group will have the option to repair or replace any product(s) which requires warranty service.
2. Saris Cycling Group will replace any unit that is structurally defective with a new unit or replace the unit with a unit of equal value.
3. In the event a product cannot be repaired, Saris Cycling Group will apply a limited credit reimbursement toward another CycleOps PowerTap product of equal or greater value.

# Glossary

**Computer** - Refers to the yellow handlebar or stem mounted device.

**Heart Rate (HR)** - This displays current HR. Max and average values are displayed if [MAX] or [AVG] is selected.

**Watts** - Real-time display of the effort you are putting in to pedaling the bike. This is your power reading. \*\*If you press the [SELECT] while the cursor is pointing to Watts the line changes to "inch-lbs". This is the raw torque value that is being applied to the hub, NOT your power in watts.

**Cadence (C)** - The number of pedal revolutions per minute. The rate of pedaling is shown from 0 to 140 RPM.

**Speed** - The rate that you are traveling.

**Scroll** = To move vertically through available menu or screen options

**Toggle** = To move horizontally through alphanumeric digits

**Cursor** = The ® arrow located on console screen

**Metrics** = a standard of measurement

**MAX** = Maximum

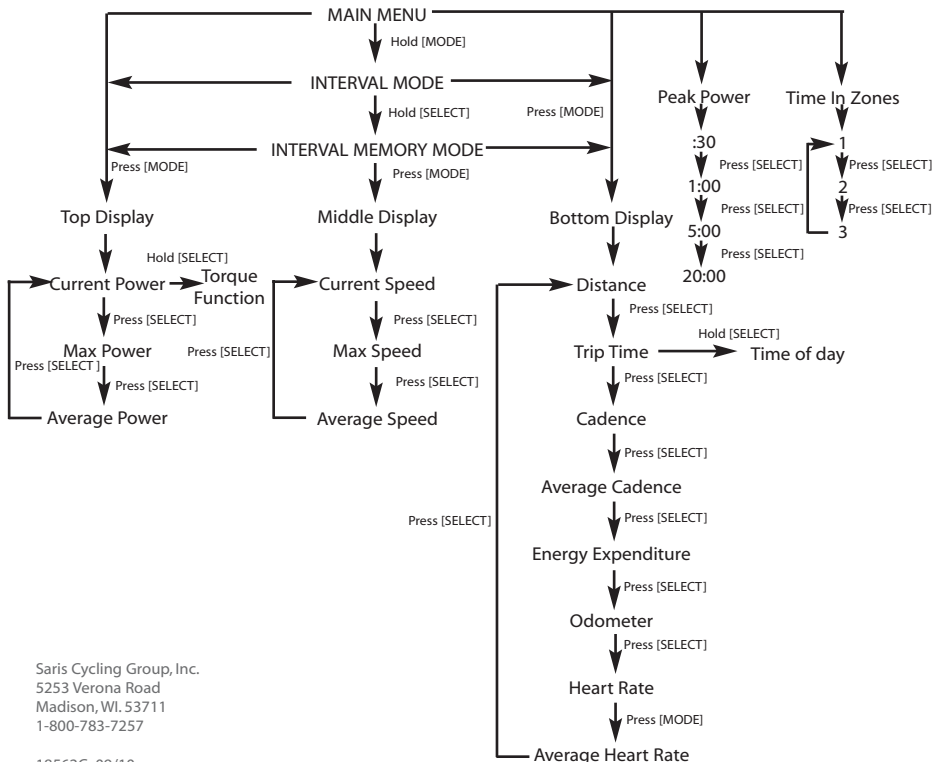
**RPM** = Revolutions Per Minute

**MI** = Miles indicates Miles Per Hour

**KM** = Kilometers indicates Kilometers Per Hour

**UI** = User Interface

# POWERTAP SL COMPUTER NAVIGATION



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 Patents issued and pending.  
 Patent#6,418,797